Date: _____
Written: _____
Practical: _____
Pass/Fail BELT

Chicago Tenri Judo Dojo
Promotion Junior Exam: Green to Blue

Name: _____

Sensei	*Dojo*	*Judo*	*Gi*	*Ukemi*	*Hajime*
Soremade	*Mate*	*Hai*	*Arigato Gozaimasu*		*Randori*
Tori	*Uke*	*Shiai*	*Tachi Waza*	*Ne Waza*	*Tokui Waza*
Uchikomi	*Zenpo Kaiten*	*Migi*	*Hidari*	*Yoko*	*Ushiro*
Hikite	*Tsurite*	*Ashi*	*Koshi/Goshi*	*Harai/Barai*	*Kari/Gari*
O	*Ko*	*Soto*	*Uchi*		

Pick a matching term from the box.

1) Free Practice: _____
2) Begin: _____
3) That's all: _____
4) Uniform/Practice Wear: _____
5) Stop: _____
6) Thank you very much: _____
7) Falling Technique: _____
8) Yes: _____
9) Back: _____
10) Thrower/Person applying a technique: _____
11) Hidari: _____
12) Competition/Tournament: _____
13) Forward Roll: _____
14) Ground Technique: _____
15) Favorite Technique: _____
16) Repetition Training: _____
17) Standing Technique: _____
18) Right: _____
19) Throwee/Person being applied of a technique: _____
20) Side: _____
21) Gentle Way: _____
22) Practice Hall/Club _____
23) Instructor/Coach/Teacher: _____

24) Inner: _____

25) Pulling Hand/ Sleeve Hand: _____

26) Lifting Hand/ Lapel Hand: _____

27) Outer: _____

28) Major: _____

29) Hip: _____

30) Leg/Foot: _____

31) Minor: _____

32) Sweep(ing): _____

33) Reap(ing): _____

Name: _____

BLUE BELT			
P/F	**TACHI WAZA**		**NOTES/COMMENTS**
	Morote Seoi Nage		
	Ippon Seoi Nage		
	O Goshi		
	Koshi Guruma		
	O Soto Gari		
	Ko Uchi Gari		
	De Ashi Barai		
	Tai Otoshi		
	Sasae Tsurikomi Ashi		
	Harai Goshi		
	O Uchi Gari		
P/F	**NE WAZA**		**NOTES/COMMENTS**
	Yoko Shiho Gatame		
	Kesa Gatame		
	Kami Shiho Gatame		
	Tate Shiho Gatame		
	Turnover technique: Turtle		
	Turnover technique: Flat		
	Turnover technique: Any		
	Choke Hold		
	Belt Size		
	Certification		
	Initials of BB Tester		

Instructor Use Only

Notes: _____

_____

_____